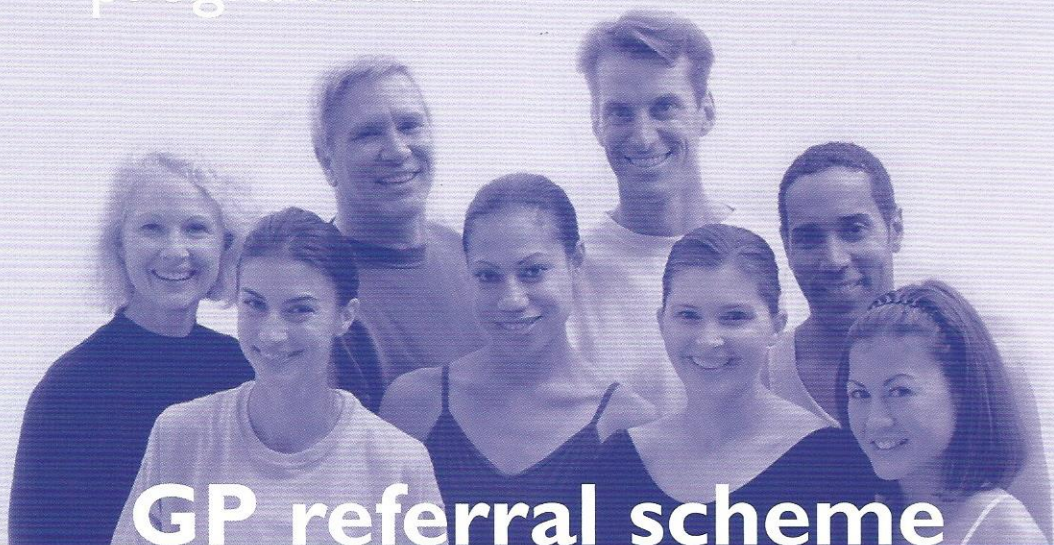


active life

programme



GP referral scheme

The **active life** GP referral scheme takes place in the gym at the following times.

Monday	10.00am - 12.00pm	Thursday	10.00am - 12.00pm
Tuesday	7.00pm - 9.00pm	Thursday	7.00pm - 9.00pm
Wednesday	10.00am - 12.00pm	Saturday	10.00am - 12.00pm

Cost of the course/sessions:

Course of 24 sessions is £65*

Or pay as you go charge of £3.40 per session.

If you are in receipt of Income Support, Jobseekers Allowance (means tested), ESA or Pension Credit Guarantee you are eligible for a concessionary rate. Please bring your most recent award letter from the Job Centre or the Pension Service to your first consultation.

*Additional sessions (more than 24) charged at the normal gym session price.

for further information contact
the **Crawley Active Life** team on:

01293 585333

www.freedom-leisure.co.uk

